



UPPER ARLINGTON HIGH SCHOOL LUNCH MENU

January 9th - 13th

STATION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EAST CAFÉ	Made to Order Omelets with Your Choice of Toppings French Toast Breakfast Hashbrown Casserole Homemade Coffee Cake	Pasta Bar Regular or Whole Grain Rotini Meatballs or Chicken Marinara or Alfredo Sauce with Choice of: Mushrooms, Grilled Veggies and Parmesan Cheese Fresh Baked Garlic Breadstick	Bowl or Burrito Cilantro Lime White or Brown Rice Beef or Fajita Chicken with Choice of: Black Beans, Corn Salsa, Shredded Lettuce, Shredded Cheese, Salsa and Sour Cream	Philly Cheesesteak Bar Beef or Chicken Sautéed Onions & Peppers Shredded Mozzarella Seasoned Fries Mini Corn on the Cob	Made to Order Deli Bar Fresh Baked Sub Buns Roasted Turkey, Ham, Salami, Roast Beef and Pepperoni American, Colby Jack, Pepper Jack and Swiss Cheeses Variety of Toppings Homemade Original and BBQ Kettle Chips
PIZZA	Vegetarian Pizza Cheese Pizza	Donatos Pizza	Chicken Bacon Ranch Pizza Cheese Pizza	BBQ Chicken Pepperoni Pizza	Pepperoni Pizza Cheese Pizza
HOT SANDWICHES	Bosco Sticks Cheeseburger Spicy Chicken Sandwich Crispy Chicken Sandwich	Donatos Hot Italian Sub Cheeseburger Spicy Chicken Sandwich Crispy Chicken Sandwich	Bosco Sticks Cheeseburger Spicy Chicken Sandwich Crispy Chicken Sandwich	Bacon Cheeseburger Cheeseburger Spicy Chicken Sandwich Crispy Chicken Sandwich	Hot Buffalo Chicken Wrap Cheeseburger Spicy Chicken Sandwich Crispy Chicken Sandwich
EXTRAS	Assorted toppings & sauces	Assorted toppings & sauces	Assorted toppings & sauces	Assorted toppings & sauces	Assorted toppings & sauces
WEST CAFÉ	General Tso's Chicken with White Rice	New Orleans Chicken with White Rice	Sweet & Sour Chicken with Fried Rice	Orange Chicken with Lo Mein Noodles	Boneless Wings Bar
GRAB-N-GO SALADS	Assorted Specialty Salads Garden Salad	Assorted Specialty Salads Garden Salad	Assorted Specialty Salads Garden Salad	Assorted Specialty Salads Garden Salad	Assorted Specialty Salads Garden Salad
GRAB-N-GO SANDWICHES	Italian Sub Turkey & Cheese Wrap Ham & Swiss on Pretzel Bun Deli Combo Supreme	Buffalo Chicken Wrap Turkey & Cheese Wrap Ham & Swiss on Pretzel Bun Deli Combo Supreme	Turkey Bacon Ranch Turkey & Cheese Wrap Ham & Swiss on Pretzel Bun Deli Combo Supreme	Veggie Deluxe Turkey & Cheese Wrap Ham & Swiss on Pretzel Bun Deli Combo Supreme	BLT Wrap Turkey & Cheese Wrap Ham & Swiss on Pretzel Bun Deli Combo Supreme
ANNIE'S YOGURT	Chocolate & Vanilla Yogurt with Assorted Toppings	Chocolate & Vanilla Yogurt with Assorted Toppings	Chocolate & Vanilla Yogurt with Assorted Toppings	Chocolate & Vanilla Yogurt with Assorted Toppings	Chocolate & Vanilla Yogurt with Assorted Toppings
SOUP	Homemade Chicken Noodle	Homemade Potato	Chili	Beef Vegetable	Cream of Broccoli