UPPER ARLINGTON MIDDLE SCHOOL LUNCH MENU

JANUARY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL WINTER BREAK	3 NO SCHOOL WINTER BREAK	4 **Asian Bar** Sweet & Sour Chicken Fluffy White Rice Seasoned Broccoli Vegetable Egg Roll Fortune Cookie	5 **Bowl or Burrito** Cilantro Lime Rice Seasoned Chicken Fajita with Choice of: Black Beans, Corn Salsa, Shredded Lettuce, Cheese, Salsa and Sour Cream	6 **Breakfast Bar** French Toast and Waffle Sticks Sausage Patties Hashbrown Potatoes Hot Cinnamon Apple Slices
9 Oven Roasted Chicken Drumstick Whipped Potatoes with Gravy Seasoned Green Beans Dinner Roll	10 Donato's Pizza & Subs Assorted Sandwiches &Salads	11 **Pasta Bar** Rotini Noodles Meatballs or Chicken Marinara or Alfredo Sauce with Choice of: Broccoli, Roasted Veggies, Parmesan Cheese & Breadstick	12 **Nacho Bar** Seasoned Beef or Chicken Queso Cheese with Choice of: Shredded Lettuce, Tomatoes, Jalapenos & Sour Cream Seasoned Corn	13 **Burger Bar** Hamburger or Turkey Burger Variety of Cheeses with Choice of: Bacon, Lettuce, Tomatoes, Onions, Jalapenos & Sauces Potato Wedge Fries
16 NO SCHOOL	17 Donato's Pizza & Subs Assorted Sandwiches &Salads	18 **Asian Bar** General Tso's Chicken Fluffy White Rice Seasoned Broccoli Vegetable Egg Roll Fortune Cookie	19 **Taco Bar** Soft Toritlla Wraps Seasoned Chicken or Beef with Choice of: Lettuce, Tomatoes, Cheese, Peppers & Onions, Sour Cream & Salsa w/ Corn	20 **Made to Order Deli** Roast Turkey, Ham or Salami American, Colby Jack or Hot Pepper Cheese Variety of Toppings Homemade Kettle Chips Seasoned Broccoli
23 **Mashed Potato Bowl** Whipped Potatoes with Popcorn Chicken and Choice of: Seasoned Corn, Gravy, Bacon, and Cheddar Cheese	24 Donato's Pizza & Subs Assorted Sandwiches &Salads	25 **Pasta Bar** Rotini Noodles Meatballs or Chicken Marinara or Alfredo Sauce with Choice of: Broccoli, Roasted Veggies, Parmesan Cheese & Breadstick	26 **Bowl or Burrito Bar** Cilantro Lime Rice Seasoned Fajita Chicken with Choice of: Black Beans, Corn Salsa, Shredded Lettuce, Cheese, Salsa and Sour Cream	27 **Hot Dog Bar** Beef Hot Dog with Choice of: Chili Sauce, Onions, Cheese, Bacon, Relish & Jalapenos Ranch Potato Wedges BBQ Baked Beans
30 **Chicken Tender Basket** Spicy or Regular Tenders Shoestring Fries Corn Cobbette Dinner Roll	31 Donato's Pizza & Subs Assorted Sandwiches &Salads		***Assorted Salads and*** ***Hot & Cold Sandwiches*** ***offered Daily***	

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