

**JOIN US**  
**SEPT 13 | 7-9**  
**GRAF BUILDING**  
**2020 BUILDERS PLACE**

**LEARN MORE.**  
**START TALKING.**  
**GET INVOLVED.**



WE PLAN TO  
 SHARE 2016-17  
 DATA FROM UAHS  
 STUDENTS.  
 THEY HAVE A LOT  
 TO TELL US.

**20% are Depressed** as measured by the PHQ

**27% Felt sad or hopeless** almost every day for 2 weeks or more in a row

**39% are Anxious** as measured by the PHQ

**Felt Bullied:**

On school property last year **16%**

Electronically **12%** (email, texts, social media)

Emotionally **24%** (teased, taunted, name calling)

Relationally **24%** (rumors and exclusion)

Physically - %

Sexually - %

**74%** of students agree that parents talk about what they do in school.

**84%** of student agree parents push them to work harder in school.

**ONLY 53%** of parents have discussed the dangers of substance use in the last year.

**“ALL PARENTS SHOULD SEE THIS PRESENTATION.”**  
 JOHN LEFF, MD  
 Upper Arlington Parent & OhioHealth  
 Riverside Methodist Hospital General  
 Surgery Department Chairman

**FRANKLIN COUNTY PUBLIC HEALTH**

**NALOXONE TRAINING**  
 Save a life

Franklin County Public Health will be here for a community naloxone training. Attendees will learn about the biology of addiction, the risk factors that can lead to addiction as well as some substance abuse prevention strategies. Attendees will learn about the signs and symptoms of an opiate overdose and how to properly assist an individual experiencing an overdose. At the end of the training, participants will be given a Naloxone nasal spray kit.

**SEPT 26, 2018 | 6:30-8:30PM**  
 UPPER ARLINGTON PUBLIC LIBRARY, FRIENDS THEATER

**REG OPENS AUG 20**

**LEARN**

**STREET SMART**

Parents will be given a wealth of drug information and learn tips for recognizing use and abuse in adolescents. The program includes information about alcohol, marijuana, huffing, heroin, prescription medications, cocaine, mushrooms, methamphetamines, and LSD just to name a few. Street Smart is a collaborative effort between D.A.R.E. and narcotics officers with the Franklin County Sheriff's Office.

**NOV 12, 2018 | 6-9PM**  
 UAHS AUDITORIUM

**SPECIAL THANKS TO THESE ORGANIZATIONS FOR THEIR GENEROUS CONTRIBUTIONS & SUPPORT.**





# THE Stand PROJECT

## BOOK CLUB IN A BAG

Choose from 8 non-fiction and 9 fiction titles designed to spark conversation around the topic of substance use and abuse.

Read a good story, learn about parenting tools or gain insight about the lives of young people. Each bag contains 10 copies of a given book and thoughtful discussion questions.

**LOOK FOR OUR STRIPED BOOK CLUB BAGS**  
at the **Upper Arlington Public Library** in the main atrium.  
If you have questions, ask a librarian.

*A special thanks to the **Upper Arlington Public Library**, the **Upper Arlington Rotary** and the **Upper Arlington Community Foundation** for working to make this special project possible.*



**LIKE US ON FACEBOOK to receive  
news, information and reminders.  
TheStandProjectUA**

Help us get to  
1000 likes!

THE STAND PROJECT is committed to:

- Fostering a culture where the prevention of substance abuse is a priority.
- Supporting those who choose to stand for a healthy lifestyle free of drugs and alcohol.
- Helping kids, families and caregivers concerned about or touched by substance abuse.
- Providing the UA community with resources, education, information and inspiration.

**THESTANDPROJECTUA.ORG**