

Middle School Boys Volleyball

Free Open Gyms!

While we don't have a club or scholastic boys' volleyball team in Upper Arlington, here is a chance to get a little volleyball play in!

Dates, Times and locations:

Sunday, 11/24, 12-1:30 **Hastings**

Sunday, 12/8, 12-1:30 **Jones**

Sunday, 12/15, 12-1:30 **Jones**

Sunday, 1/5, 12-1:30 **Jones**

Sunday, 1/19, 12-1:30 **Jones**

Sunday, 1/26, 12-1:30 **Jones**

Format and plan:

Coach Van Arsdale and a couple high school players will run a drill or two and then let players have fun in lightly structured free play. The high school players will be coming in at 1:30 for their own open gym.

Cost: No Charge!

Please share some contact information with Coach Van Arsdale to stay informed of all things volleyball. <https://forms.gle/2m59DgUfWxE2ygn6>

We are especially interested in finding interested players in grades 7 and 8, but of course we would welcome 6th and even younger.

Feel free to contact Coach Van Arsdale with questions.

Go Bears!

Coach Van Arsdale

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<https://sites.google.com/uaschools.org/girls-volleyball/>