

## Wellington After School Activities Fall 2018 Enrichment

Students from outside the Wellington community are welcome to join in Fall Enrichment classes held after school at the Wellington School. All classes listed below start at 4 pm, end at 5 pm and meet for 4-6 weeks depending on the class. Register your child online and send in a check payment within three days of registration. Credit cards are not accepted.

### **BASIC POLICIES:**

- Check or cash payment is due within **three** days of registering. If you have not paid by the start of class, your child will not be able to participate.
- Withdrawal from a class MUST be done at least seven days prior to the start of class in order for you to receive a full refund. We will not refund class fees after the start of class.

### **Grades PreK-1 ONLY**

### **Cooking Through Literature:** Grades Prek-1 (no 3-year olds)

Explore picture books with themes about food, then try your hand at creating tasty snacks inspired by what you read. You'll make an art project that goes along with the theme of the week and get to eat your snacks! Instructor: Kathy Yant, early childhood teacher. Location: room 304. Maximum class size: 10

Dates: Wednesdays, October 3- 24 Fee: \$65 (4 classes)

### Jumping Beans: Grades Prek-1 (no 3-year olds)

Hop, Run, and Skip to Jumping Beans! S-T-R-E-T-C-H your muscles and get your wiggles out all while learning about a new sport each week. Jumping Beans is great for developing gross motor and fine motor skills in a structured format that builds coordination, balance, and confidence. Instructor: Little Scholars staff. Location: Gard Gym

Minimum class size: 10 Maximum: 20

Dates: Thursdays, September 13- October 18 (6 classes) Fee: \$100

## The Giving Season: Grades Prek-1 (no 3-year olds)

'Tis the season of giving. Everyone loves to get gifts, but it's also really fun to give them! Come listen to and discuss stories about the joy of giving to others, then make a gift item that you can share with friends or family. Instructor: Kathy Yant, Wellington Early Childhood Teacher. Location: room 304. Maximum class size: 10

Dates: Wednesdays, November 7-December 5; no class on Nov 21 Fee: \$70 (4 classes)



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## **Grades K-8**

### **Chess Club: Grades K-8**

Learn all aspects of chess theory (openings, middle game, and end game) as well as chess notation and etiquette. Occasional chess matches and local tournaments will expand your range of experience and develop team as well as individual skills. Instructor: Kyle Jones, USCF candidate master, has won many national and state championships. Location: room 201

Dates: Session 1: Thursdays, September 13- October 18 (6 classes) Fee: \$105

Sesson 2: Thursdays, October 25- December 13 (7 classes) Fee: \$120

#### Fencing: an introduction: Grades 2-4

Fencing developed from the ancient sport of swordplay. In today's world, it is an exciting sport that helps participants develop discipline, balance, coordination, good reflexes, sportsmanship, and self-esteem. Come learn some of the basic skills of fencing - footwork, how to hold a weapon, parries, retreats, fencing etiquette, and so much more. All equipment will be provided. Instructor: Isabel Alvarez, coach and owner of Profencing, LLC. Location: Gard Gym

Minimum class size: 6 Maximum: 24

Dates: Tuesdays, September 11- October 9 (5 classes) Fee: \$90

### **Garden Buds: Organic Gardening: Grades 1-4**

Join Joya Elmore as we learn the tools of the trade for organic gardening practices. Students will use all their senses to examine roots, shoots, fruits, seeds, and leaves in the fall garden. Joya Elmore, Director of Gardens for Environment-Based Learning. Maximum class size: 10

Dates: Wednesdays, October 3 – October 24 (4 classes) Fee: \$65

### Yoga For Kids: Grades 1-4

This six week set of yoga classes will provide students opportunities for movement, strengthen students' abilities to focus, show greater acceptance of other's differences and demonstrate better conflict management in a safe, fun and supportive learning environment. Instructor: Youth Yoga Project. Location: Lower School Music Room.

Dates: Thursdays, September 13- October 18 (6 classes) Fee: \$100