

# Buckeye Wellness presents the fifth annual Ohio State **Family Wellness Expo**

**Gear up for the healthiest school year ever.  
Activities for the whole family,  
especially kids ages 3-12. It's all FREE!**



**Participate in wellness activities  
designed to improve your family's  
health and well-being.**

**2018 Family Wellness Expo Partners:** OSU Extension, The Ohio State University College of Nursing, The Little Clinic, The Ohio State University Office of Student Life - Recreational Sports, 4 Paws for Ability at The Ohio State University, The Ohio State University Center for Integrative Medicine, The Ohio State Medical Wexner Center Nutrition Services, The Ohio State University Comprehensive Cancer Center, Lifeline of Ohio, The Center for Cancer Health Equity, The Ohio State University Department of Chemistry and Biology, The Ohio State University College of Pharmacy, Franklin Park Conservatory, JamesCare for Life and The Ohio State University Cancer Research.

This activity is not sponsored by Upper Arlington Schools.

**Saturday, Aug. 11, 2018  
10 a.m. – 1 p.m.**

**Recreation and Physical Activities  
Center (RPAC) T.W. Davis Gym**

**337 Annie and John Glenn Ave.  
on The Ohio State University Campus**

- Carnival games • Fire truck bounce house & inflatable slide • Food demonstrations
- Back-to-school trivia games • Face painting and balloon animal artists • Free healthy snacks
  - Kona Ice tropical shaved ice treats • Therapy dogs to meet and pet • Health & wellness screenings - including blood pressure & glucose screenings • Vaccine & medication education • Raffle for COSI, Columbus Zoo, Indoor Trampoline Park tickets and Ohio State gear

**[go.osu.edu/familywellnessexpo](http://go.osu.edu/familywellnessexpo)**

Parking is available in the northeast lot of Ohio Stadium on the corner of Woody Hayes and Tuttle Park Place. Please pay at the Pay and Display machines located throughout the parking lot. Cash or credit card and your vehicle's license plate number are required.



**THE OHIO STATE UNIVERSITY**